

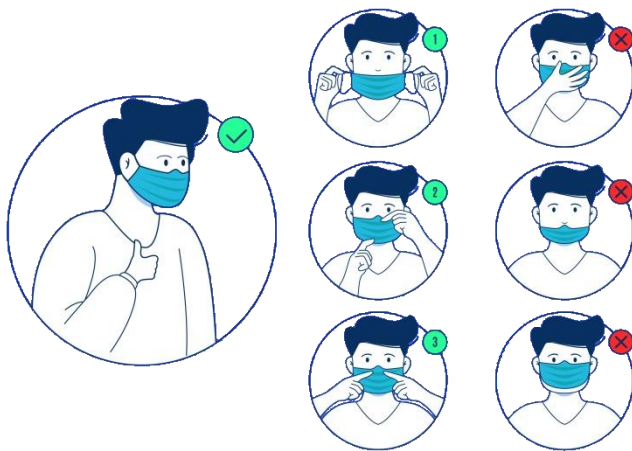
## MASK & HAND SANITISER

Fiche pratique

Wearing a mask is **not sufficient protection against coronavirus**, it complements existing barrier measures.



### PROPER USE OF A MASK



A "general public" mask has a maximum recommended duration of use of 4 hours.

Wearing the mask may cause a choking sensation. The mask must be worn carefully.



### WASHING YOUR MASK

The reusable mask should be machine washed with a conventional washing machine at 40° for at least 30 minutes.

Drying should be done either in a tumble dryer or in the open air, before steam ironing at a temperature that does not damage the fabric (120°).

This mask for non-sanitary use is designed to be washed at least 30 times.



### USE HAND SANITISER

#### DO NOT OVERUSE HAND SANITISER

Due to the risk of skin irritation, reasonable use of hand sanitizer is to be observed.

Under no circumstances should **people with symptoms of Covid-19** be allowed on university premises. They are invited to **contact their doctor** immediately and to **inform their manager** of their absence.